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# Career to Calling

## Annie Stewart

**'The essential guide for anyone pursuing a truly meaningful life. Practical, thorough and insightful, it's the ideal companion on the path to loving your work.'** — Robert Gerrish, Author of *The 1 Minute Commute*

**'Career to Calling is really a call-to-action to re-ignite your passions, restore your belief in what's possible and reset your compass to live the life you truly want.'**— Lisa Cotton, CEO Ideology Group

At a time when people are switching careers more than ever before, and with entrepreneurship on the rise, the need for career fulfilment is as essential for personal wellbeing as it is to making a positive impact.

In her new book *Career to Calling*, Annie Stewart, leading expert in career coaching and founder of The Callings Program, guides readers towards passion and purpose with her practical, seven-step approach to re-evaluating their career and finding their calling.

In *Career to Calling: How to Make the Switch*, Annie outlines strategies to overcome the fears that are so often in the way of success. Featuring inspirational stories and practical tools based on years of research and experience, this book inspires readers to pursue their callings with clarity and confidence.

"This book is my life's work," says Annie. "I've been coaching clients for over twenty years and can see the positive impact on their lives. I also switched from a career to calling which has made all the difference to my achievements, happiness and peace of mind."

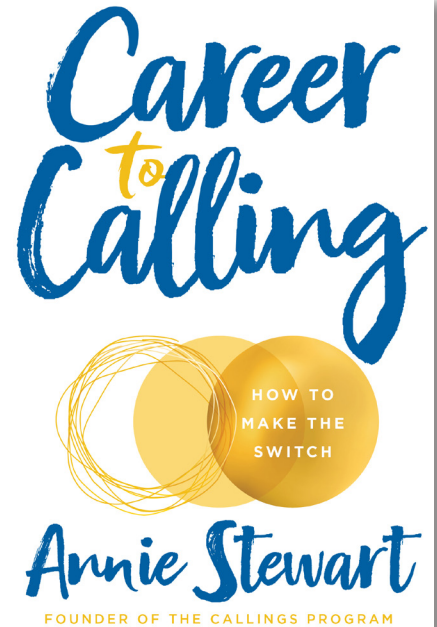
"I want to reach as many people as possible and for this guide to be available to those who do not have the financial means to seek professional help, the time or the immediate access to opportunities."

Whether you're a university graduate, a return-to-work parent, or a working professional, *Career to Calling* illuminates the path towards fulfilment and provides readers with the tools to turn their job into a calling.



Annie Stewart is the managing director of Sympatico Coaching Practice, one of Australia's longest running and respected leadership and career development services. Annie and her associates have helped thousands of people find and live their callings. Annie delivers lectures, retreats and workshops across Australia and Asia on purpose-led leadership, career development and The Callings Program. Her first book, *How to Find and Follow Your Calling – 7 steps to living with passion and purpose*, was published in 2009. Annie holds a Bachelor of Applied Science in Occupational Therapy, a Masters Degree in Ergonomics, and is a Master Practitioner in Neuro-Linguistic Programming.

**For more information, to arrange review copies or interviews, please contact Sophie Hodge at Ventura Press [shodge@venturapress.com.au](mailto:shodge@venturapress.com.au) or 02 8060 9191**



# *Career to Calling*

## *Annie Stewart*

Further praise for *Career to Calling*:

*What if you could do more Great Work: work that has more impact, work that has more meaning? Finding your calling is one doorway to that; and if you're willing to roll up your sleeves and do the work, this book might just show you the way.*

— Michael Bungay Stainer, author of *The Coaching Habit*

*In an age where so many are looking for deeper purpose, meaning and impact, Annie provides us with a comprehensive roadmap to discover and live our true calling. A powerful and practical read.'*

— Rajeev Dewan, Peak Performance Coach and author of *Be.Do.Live*

*'This book will help you wherever you may be in life's journey.'*

— Jacki Johnson, Co-Chair United Nations Environment Programme Finance Initiative

*'In this important book, Annie, in her loving way, offers us lessons on the "how". These may sound simple, but are profound, and are taught in the major religions of the world. She describes the fundamental process as looking within ourselves, and answering the calling. This is the noble purpose, greater than ourselves, but central to our happiness. By answering, we are able to confront the fear, and fulfill our true potential. In this we can find true happiness. I commend this book, and its call to action, to all who are contemplating the calling, or who are answering it.'*

— Gordon Cairns, Chairman of Woolworths Group